



What Is TimeShield?

Timeshield is designed to help users make better use of their time by giving users the ability to block access to frequently visited apps and websites. By allowing users to shut off access to these time-consuming apps and websites, Timeshield enables individuals to spend less time on distractions and more time on their priorities. Users can see their usage statistics for various apps and websites to see where all their time goes. They can also earn points while blocking to spend on random rewards to incentivize using the application.

Why is it necessary?

In today's digital age, the appeal of social media and other attention-grabbing content can lead to significant distractions. Individuals spend an average of 143 minutes per day on social media platforms [1]. These apps are designed to further monopolize users' time, often at the expense of productivity and well-being. TimeShield is a necessary tool in today's society as it helps promote healthy digital habits in a society where company's main objectives are to keep us engaged in nothing else but their product.

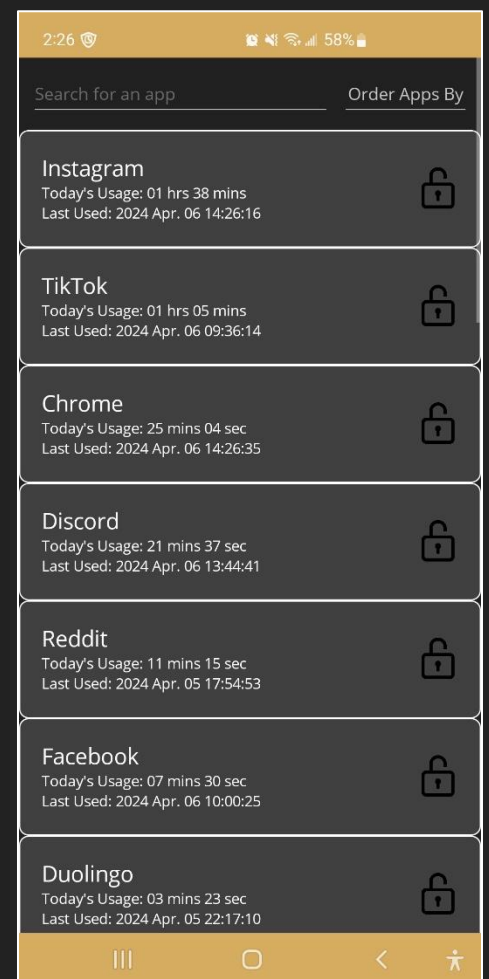
Features

Application Blocking

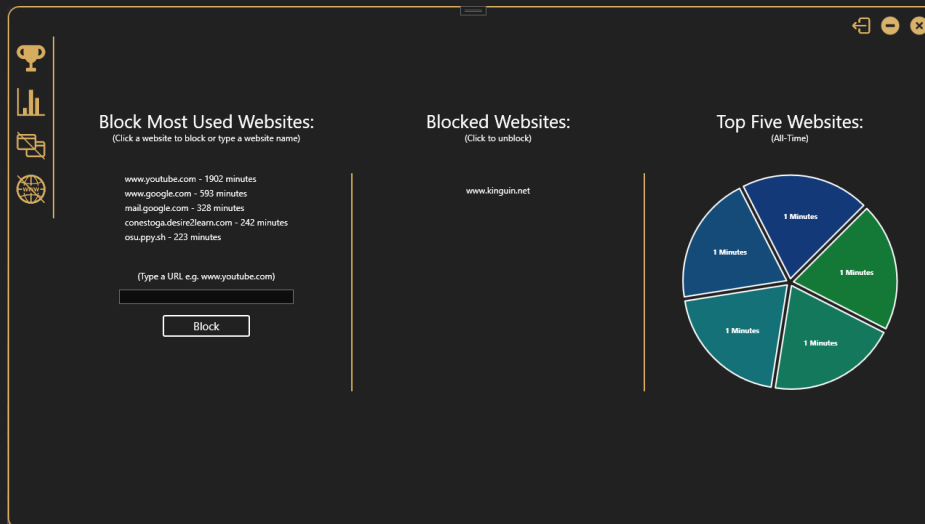
TimeShield generates a list of your most used applications, allowing you to see where your time is going. Using this list, you can block the apps that steal most of your time. Don't see what you're looking for? TimeShield allows you to search for and block any application you want.

When you attempt to access an application you have blocked, TimeShield will close it and display a message informing you that TimeShield has blocked it from being used. It will also tell you how many times TimeShield has had to block you from using this application.

Want access to the app again? TimeShield allows you to remove the block at any time to regain regular access. If you wish to restrict access, the block can be reapplied at any time.



Website Blocking



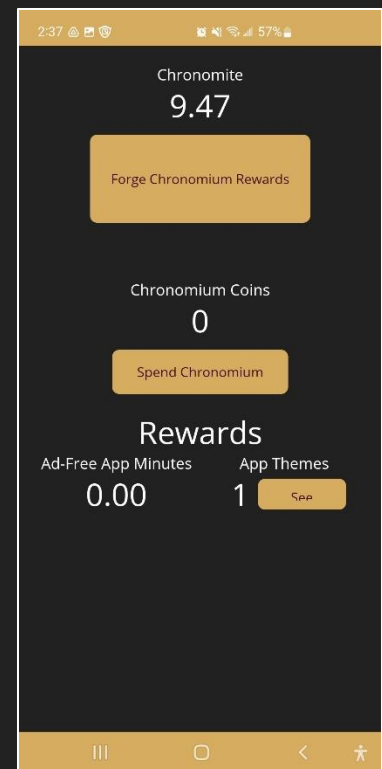
TimeShield extends the blocking functionality to the web as well, allowing you to track and manage your browsing habits. Just like with apps, TimeShield enables you to block distracting websites.

Earn Rewards for blocking

TimeShield rewards your focus! Using TimeShield to block distracting apps and websites, you'll gather 'Chronomite.'. Once you've collected enough, you can use them to try your luck at crafting 'Chronomium Coins'. Use them to purchase ad-free time, letting you focus without interruptions, or personalize your app with unique themes.

Cross-platform syncing

TimeShield's cross-platform capability ensures you remain focused, whether on Android or Windows. When you add a block on one device, it's instantly blocked across all your devices that are TimeShield enabled. It lets you switch between your device's distraction-free.



[1] S. Kemp, "DataReportal: Digital 2024: Global Overview Report," 31 January 2024. [Online]. Available: <https://datareportal.com/reports/digital-2024-global-overview-report>. [Accessed 6 April 2024].